



Activities in Torbay



Social activities

Gateway Club meets on Tuesday night.

6.30 – 9.30pm.

Jasmyn House. Midvale Road. Paignton

£1 each week

Contact Jan Pearce on 07783 017391



Disco at Boots and Laces, Torquay United.

Wednesday night. 7pm – 10pm

Free to enter

Call Summon Bonum on 01803 313377



Social Prescribers

Social prescribers can help people to link with their local community and the different activities that are available.

For more information you can contact

Hannah on 07557 772515 or

email pbpcn.socialprescribing.co.uk





Day Services



You will need to pay to use these services.



United Response

United Response is based at Aspects in Hyde Road Paignton. They offer activities, walking, crafts, sports and a Farm.



For more information call-
Rob Helmore 07773 963430



You can watch videos about United Response by using these links



Drama <https://www.youtube.com/watch?v=xzUF9okPoT8>



Music https://www.youtube.com/watch?v=2j_NYzAA3vg



Art <https://www.youtube.com/watch?v=isOmi0kogd0>



Samba Band <https://www.youtube.com/watch?v=K6L7FUUjxp8>



The Farm <https://www.youtube.com/watch?v=mgnmc1sqhZM>



Aspects

<https://www.youtube.com/watch?v=44OeTPPrvAI>



Photography

<https://www.youtube.com/watch?si=dolSK43RspSWuYSU&v=nAXwLhZ-XGU&feature=youtu.be>

Co-Ordin8



Co-Ordin8 offer different activities including arts and crafts and gardening.



They also have a befriending service and can find activities for you to do.

It is open from 10am- 4pm

Monday to Friday.



For more information phone Jenny Ahern on 01803 327869

Turning Heads



Turning Heads has a community Kitchen and social supermarket in Plainmoor, a skills centre in Lime Avenue, Torquay where you can learn pottery, woodwork, arts and crafts.



You can also learn more about work opportunities.

For more information phone Alan on 078177 77739

Or admin@turningheads.org.uk





Space – Launching Futures

Space offers different activities and are based at Barton Cricket Club.



They also run Waldon Athletic Football Club at Windmill Hill Playing Fields, Torquay.

For more information phone 07397 968746 or email

aaronwadfc@yahoo.com



Manor Farm

Manor Farm is run by Summon Bonum. The farm is at Maidencombe.



You can help to look after the animals, grow vegetables and help with the buildings.



For more information phone 01803 310276 or 07849 106409



Heathfield Farm

Heathfield Farm is run by Devon Link Up. The farm is in Broadclyst, Exeter.



You can help with growing, learn woodwork skills, cook food and learn about wildlife.



For more information phone Matt on 07733 072326 or email mstaite@heathfieldfarm.org



A kind of Animal Magic Centre

A smallholding with animals and nature to help with social, mental and physical well-being.

For more information email kofm@btinternet.com



Jam Buddies Music

For people age 13-21 years old.

For more information phone 01392 287235



Disabled Sailing Association

Learn to sail or go out sailing in Torbay. Annual membership is £25 and you can sail as often as you like. You can also go sailing for free and just give a donation.

For more information phone 07447 941724

Or email enquiries@dsadevon.org.uk



Wet Wheels

Go out on a power boat!

For more information phone 01803 362144



Teignbridge Community Project skills Centre.

The skills centre is at Hanbury buildings, Bradley Lane, Newton Abbot. They offer lots of different activities including woodwork, cooking, arts, digital skills and beauty.





For more information phone 07547 260710 or email
teignbridgecommunityproject@gmail.com



Community Hubs

There are two community hubs.

Torbay Community Café and help hub.



The hub is open on Tuesday to Friday from 10am – 3pm.
For more information phone 01803 212638



Paignton Community Hub.

The hub is in Paignton Library and is open 9.30am-1.30pm
Tuesday to Thursday.

You can email on paigntoncommunityhub.org.uk