



October Half-term Family Meal Support

Turning Heads, in partnership with The Food Alliance and supported by Winners 2000 Fitness have put together a family meal support offer for any family in receipt of FSM or who might be struggling this holiday with the rising cost of living.

We have 4 recipes that can you choose from during half-term week.

YOU CAN CHOOSE 2 RECIPES.

These recipes can either be collected from us or we can deliver them to you free of charge to any TQ1 or TQ2 postcode.

You just need to contact us via email or text / phone and place your order. We will then either deliver or you can collect from our community kitchen in Plainmoor. Deliveries and collections will take place every Tuesday, Wednesday and Thursday.



If you have a large family, we can add extra!

Our social supermarket is also open during half-term where you can shop for £5 and get up to £30 worth of shopping. We also will be offering free lunches to any family and you can order recipe bags through our online store

<https://www.turningheads.org.uk/community-kitchen/>

RECIPES AND CONTACT

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| Spaghetti Bolognese |
| Macaroni Cheese |
| Tuna sweetcorn pasta |
| Cottage Pie |

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