

Yes Centre Rice Pudding

A simple wholesome dessert!



Ingredients:

5	Cups of milk
1/2	Cup of sugar
1	Cup of rice
2 tsp	Vanilla essence
1 tsp	Ground cinnamon

Method:

1. In a large saucepan mix the milk and sugar and bring to the boil
2. Stir in the rice and vanilla, reduce the heat and gently simmer for 45 to 50 minutes
3. Once it is as thick as yoghurt, let it cool and then refrigerate
4. Spoon into serving bowls and sprinkle with a little cinnamon before serving.
5. Serve with a little spoon of strawberry jam in the middle and enjoy!